

# Thrive Wellness Edinburgh

## Cookie Policy

### About this Policy

This Policy explains what cookies are and how we use them. It includes details of the types of Cookies we set, the information we collect when using them and how that information is used.

You can learn more about who we are, how you can contact us and how we process personal data in our [Privacy Policy](#)

### What are cookies?

Cookies are small text files which are stored on your browser when you visit a website. They can often serve crucial functions and help us to keep our website secure and to function properly which helps us to provide you with a better experience. They can also help us to analyse how the website performs, what works and where we can make improvements.

### How we use Cookies?

We use only Strictly Necessary cookies. These are used to understand how the website performs, how you interact with it, and helps us to provide you with a better, faster and improved experience.

**Social Media and External Links** – where you find us via external sites or social media platforms, or when you click on external links on this site, we have no control over those websites and the cookies they set. Please bear in mind that you should set your preferences in line with their own policies and cookie controls separately.

**How to Manage Cookies** – As our cookies are strictly necessary for the site to work, you don't need to accept or reject these.

No matter what cookie control is in place, or if you simply change your mind you can also adjust your own browser to delete or block cookies from any site you visit. To learn more about how to manage your browser cookie settings please see [www.allaboutcookies.org](http://www.allaboutcookies.org)

### What cookies do we set?

#### Necessary Cookies

We use necessary cookies which are needed for security and for the website to function. They do not collect your personal data. These are automatically enabled when you visit the site, however you can still remove these cookies via your browser, however disabling these will affect the functionality of the site. On our site these are:

- **hs**  
This is a security cookie loaded by Wix
- **XSRF-TOKEN**  
This is a security cookie loaded by Wix
- **bSession**  
This cookie is loaded by Wix to measure system effectiveness.
- **svSession**  
This cookie is loaded by Wix in connection with user log in

- **fedops.logger.defaultOverrides**

This cookie is loaded by Wix to measure stability and effectiveness.

Use of cookies can change over time or when a new service or function is added to our website. To ensure that this policy remains up to date, we regularly carry out 'cookie audits' and update our list of cookies accordingly.

This policy was last updated on 17<sup>th</sup> June 2022.